



The Immaculate News

Marathon

Come rain or shine, it's marathon time! The Immaculate Conception School Marathon is Saturday, Oct. 4th. The goal this year is \$33,330 and with everyone's help we can make that goal for sure. Remember to bring your pledge sheets in to your teachers with every new pledge you get to help you classroom make its individual goal. The marathon itself begins at 9 a.m. and concludes at 11 a.m. Come to the school parking lot to get your route map and check off sheet. After, enjoy refreshments in the school cafeteria. Remember, every pledge counts!



First Lego League is beginning at ICS. If you have not signed up please contact Mr. Krainz immediately!

ICS Welcomes our new Pre-School Director

"My name is Cara Miller. I attended the College of Saint Catherine in St. Paul and received a Bachelor of Science in Elementary Education with a Pre-Primary Specialty. I enjoy spending time with my husband, son and family. My favorite hobby lately has been reading when I have a free minute! I also enjoy bringing my black lab for walks and cuddling with my cat. I enjoy watching football on Sunday's and baseball in the summer."

Welcome Ms. Hambrock

Up on the 3rd floor, the Middle School students also have a new teacher. Ms. Hambrock teaches Middle School Social Studies and 6th grade Religion. She likes to ice skate, and to watch football, soccer & baseball. In her spare time Ms. Hambrock likes to travel to different parts of the world. She then uses those experiences to teach her students. Her favorite thing about working at ICS is that "we feel like a giant family".

ICS is looking for a few people to help **serve school lunch** to our kids! The hours are 10:45—12:45. Days are flexible. This is a fun way to visit with your student while contributing needed volunteer hours to our school. Extended family members are always welcome. Call the school office for details.

763-788-9065

St. Francis Day Celebration

On October 2nd ICS will celebrate St. Francis Day. Grandparents & Grand friends are invited to join the students at 12:30 pm for bingo, refreshments, Mass, and a special Blessing of the animals in the school parking lot. Every child is encouraged to have someone present.

"Blessed are you, Lord God, maker of all living creatures. You called forth fish in the sea, birds in the air and animals on the land. You inspired St. Francis to call all of them his brothers and sisters. We ask you to bless this pet. By the power of your love, enable it to live according to your plan. May we always praise you for all your beauty in creation. Blessed are you, Lord our God, in all your creatures! Amen."



VIRTUS Training Sessions

If you were unable to attend the Virtus training session held at ICS on September 9th, MANY additional sessions are available. In fact, there are over 20 Virtus training sessions conducted THIS WEEK. Go to www.virtusonline.org/virtus Then click on registration to find the alternative dates for this essential training session for ALL volunteers.



Help us help our school.

Enroll in Take Charge of Education® and Target will donate a percentage of each REDcard™ purchase you make back to our school.



Thanks to the parents, teachers and community members involved in the **Target Take Charge of Education** program, ICS received a check for **\$1836.43**.

Not signed up yet? Just visit Target.com/tcoe or call 1-800-316-6142 to designate your school, and then use your Target REDcard for your regular purchases. Don't have a REDcard? It's easy to apply. Just pop into any Target store to apply in person or go to Target.com/redcard and apply instantly online.

Congratulations to our Food Service Program!

Yesterday, an inspector from the Community Health and Environmental Services Department came to inspect our school's Food Service Program. The one area of concern, turned out not to be a concern—the salad bar. All foods on the salad bar were tested for proper temperatures and were appropriate.

It was also pointed out to us that employees and volunteers must not have open beverage containers in the food preparation or service areas (i.e., coffee, soda). These drinks need to be consumed in a designated area away from the food service program. Mr. Newkirk needs to also post his certified managers certificate in a location where people can see it. Finally, the inspector noted two maintenance issues that will be addressed by our maintenance people before October 15, 2008.

Overall our school's food service is doing a very good job maintaining the food service health and safety expectations or guidelines. I want to thank Mr. Newkirk and all the volunteers who are sharing their time and talents to ensure a quality food service program.

Mr. Krainz

Box Tops for Education is a school fundraising program started by General Mills in 1996. To date, Box Tops has helped America's schools raise over \$250 million to buy the things they need but can't always afford, such as books, school supplies and playground equipment. **Every box top that is turned in helps our school!** YOU can



make a difference every time you shop by clipping box tops, then sending them to ICS. **THANK YOU!**

Family Fun

Autumn officially begins this week and with the beautiful weather we have been enjoying, why not create some fall memories? Take a walk at one of the many tree lined parks such as Kordiak Park which is on 49th Ave. in Columbia Heights and just breathe in all the nature here in the city. Another great way to relax with the family is to take a quick trip out to St. Paul and visit one of the longest running free zoo's in America, the Como Zoo. They have a new rain forest exhibit that features creatures such as large exotic fish and snakes of all colors and sizes. When you are finished with your urban adventure, come home and enjoy this fun new spin on pizza that even little palates will enjoy!

Alfredo Pizza

1 pre made pizza crust (Such as Boboli)

1 tablespoon olive oil

$\frac{1}{2}$ jar of Alfredo sauce (Classico or Ragu)

1 lb cooked chicken, cut into bit size cubs

1 $\frac{1}{2}$ cups shredded Colby Jack cheese

Optional diced green onion tops for garnish

Pre heat oven to 450

Place crust on baking sheet and brush lightly with olive oil. Spread Alfredo sauce over crust. Top with chicken and cheese. Bake at 450 for approx. 15 min. or till crust starts to brown and cheese gets bubbly. Take out of oven and let cool. Enjoy!

Is your child's class doing something special? Do you want others to know about it? Additional ideas for articles featured in The Immaculate News are always welcome! Please email icschool@immac-church.org with your suggestions



The Immaculate News

is a publication brought to you by
ICS Home & School